

# D-Hand

## Objective

Students make an outline of their hand, and enter personal information into each area of the hand. Hands are then shared.

## Setup

Paper (8-1/2 x 11) for each student, pencils, markers or colored pencils.

## Procedure

1. Each student draws an outline of their own hand.
2. The naturalist asks the following questions and the student enters the information in each area of the hand:
  - Thumb: What I like to do
  - First finger: What I'm good at
  - Middle finger: Something I dislike
  - Ring finger: A hero, and why
  - Pinky finger: What is the first thing you would you grab if your house was on fire, and all the people and pets were safe
  - Wrist: What are your roots (where is your family from); and where would you like to go
  - Palm: Draw a heart, and in the heart, place one word which you would use to describe yourself, and one word that other people would use to describe you
3. Share hands with other individuals, or the group, as the group feels comfortable with.

## Discussion

1. What things did people have in common?
2. What is one thing in which you were unique?

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